

## **KHAO LAK**

TOUR DESCRIPTION	DAYS OF OPERATION	DURATION
Khao Lak Adventure with Lunch This journey is only about excitement and fun and will leave you, for sure, a memorable day in Thailand. The day starts with the visit of the Monkey temple cave, following by the rafting session on the white-water river, then a jungle walks leading to a waterfall.  A well-deserved Thai lunch set is provided. In the afternoon, more fun and action will be waiting for you as you will be going through the jungle with your ATV for about 30 min and finally, you will find yourself suspended on an adventure through the evergreen forest on a zip line cable. Allying culture and action, we will take you to the most famous limestone cave temple in the province of Phang Nga, known as the Monkey temple and visit the cave temple where you will be able to get to know more about Buddhist rituals and maybe get a blessing from the monks.	Monday & Thursday	8 Hours
Then head to the rafting session on the White-Water river. Get prepared for your briefing and rafting training by the side of your English leader guide before slipping on the river for about 5 km of pure fun.		
You will then head to Tone Pariwat Waterfall. Take a ride on an ATV (All-Terrain Vehicle, also known as a quad bike, 4×4 off-road). Get off the beaten tracks and explore jungle for approximately 30 minutes. This activity is one of the peak adventure moments of the day, so much fun and freedom roaming around the evergreen.		
Challenge yourself, feel the thrill of adventure, and experience the outdoors at our unique zipline tour adventures, operating to the highest standards. The experience of flying by at 40 km/hr while hanging from a metal wire surrounded by tropical forest is one of the most exciting activities you will experience in a life-time. Transfer back to hotel in Khao Lak approx. 16.00 – 17.30		



James Bond Island & Sea Cave with Lunch  Explore the stunning nature of Phang Nga Bay. Experience the unique caves that are hidden amongst the beautiful limestone cliffs. Canoeing with guide around Phang Nga Bay Bay Tour We start our journey on the water the traditional way – by one of the beautiful decorated Thai longtail boats. We will drive along the green mangrove jungle, which is amongst others habitat of lizards, snakes, monkeys, and different bird species. Passing by a fascinating karst landscape we will reach the worldwide famous James Bond Island, from which you will have the perfect view on the most popular limestone of that area. Ko Tapu, the James Bond Rock, is a common tourist attraction since the release of the movie "The Man with the Golden Gun" with Roger Moore as British secret agent 007. After a quick stop we will move to a canoe station. There you can lay back and enjoy nature, while an experienced paddle guide will take care of you. He will take you close to hundreds of year-old stone formations, to caves and mangroves. We will continue our tour by visiting a fishing village build on pillars in the water. Later, we are going back to the mainland and by minivan to Phang Nga Park to round up a beautiful day of culture with a temple and caves.	Tuesday, Friday & Sunday	9 Hours
Amazing 3 Temples with Lunch  Spend a day full of culture and religion. See the most amazing three temples around and get insight into a Buddhist's belief. Experience a whole day full of culture, religion, sightseeing, sounds and flavours Visit together with us the three most important, most delightful and most interesting temples in the province of Phang Nga. Dragon Cave Temple: an impressive limestone cave that features local herbal medicine (to lower blood cholesterol) made by the residential monks. Bang Rieng Pagoda Temple: a combination of three different temple styles – Thai, Chinese and Jedi. Being build up on the back of a mountain it offers a nice view. Another special feature; it keeps a tooth of Buddha in a shrine. Manisii Maha Tat Temple: a huge statue of the monk Por Than Klai and a beautiful main temple building. But that's not all. Of course, we will stop at a beautiful local restaurant to give you the opportunity to try some delicious Thai dishes next to a river and mangrove jungle.	Wednesday, Friday & Sunday	8 Hours



Thai Cooking Classes with Lunch Pick up from your hotel and transfer to local market for buy ingredient for cooking. You will learn at the fresh market a bit more about the secrets of the Thai kitchen. At the market you first decide what you would like to cook. If you do not know already, you can choose from the menu dishes or ask your guide for help and advice. Drive back to the kitchen which is surrounded by a tropical garden. Start cooking class After class, enjoy your food. Transfer back to your hotel.	Wednesday, Thursday & Friday	5 Hours
Khao Sok Lake Day Trip with Lunch  Let us take you to the natural beauty of Thailand deep inside of the rainforest to exotic places and elephants. Experience the Khao Sok National Park up-close and have a bath with the biggest mammal on land. Khao Sok is one of the biggest and oldest national parks worldwide. It is what you would consider a real jungle. And exactly here you get the chance to be paddled on a canoe through the overwhelming nature.  Afterwards we offer you some tasty Thai buffet in a wonderful atmosphere at the Rock and Treehouse Resort. In the elephant camp the sensitive and proud giants are already waiting to show you their home. Feed, play and bath with the gentle giants (No riding). After a day full of new impressions, we are going to bring you back to your hotel, where you can still wallow in memories.	Tuesday, Thursday, Friday & Sunday	9 Hours



## Hong & Sea Cave Canoe with Lunch

Hong Island is a fascinating, unique and undiscovered natural sight. It is a highlight for every adventurer and nature lover. Visit one of the most beautiful islands in Thailand and enjoy this amazing and extraordinary place. Its name is based on eroded caves, which lie in the centre of the island. Well hidden, it shelters a lake with small sea access. The only way inside can be passed during a short time slot (of about 1 h) and only once a day. When the tides allow to, one can enter inside the Hong Island by canoe.

Otherwise, if there is low tide, the caves are dry and sharp-edged stones as well as mud block the entrance. At high tide the access is completely under water. This little natural wonder makes it even more spectacular. Besides Hong Island we take you to a cave with bats, another exciting place close to mangrove jungles and limestone carsts. Be one of a few to see the natural beauty deep inside of Phang Nga Bay, as it is a unique experience you definitely should not miss.

With a stop at the beautiful restaurant of the fishing village Koh Panyee you can gain back some power by enjoying delicious local food. Furthermore, there will be some time to discover the environment. To round up a beautiful day of culture we will visit the Phang Nga Park when we arrive back on mainland. In addition to beautiful caves and a temple you can sometimes see wild monkeys there.

## Tuesday, Friday & Sunday

9 Hours

## ABOVE PRICES ARE TO BE USED AS A GUIDELINE ONLY & RATES MAY VARY.

Certain quided tours depart from central points and additional charges may apply for pick up points located outside of the central points. Important! Due to COVID-19 protocols, numbers are restricted on tours. Please take note that there may be tours that are currently not operating or where days or times may have changed. Please enquire directly with Thompsons for pricing and additional information. Standard terms & conditions apply.