

# Seychelles



What a way to spend the day!



**CAPITAL CITY:** Victoria

**LANGUAGE:**

Three official languages, English, Creole and French

**CURRENCY:** Seychelles Rupee (Sr).

We recommend taking Euros' as the preferred foreign exchange

**VISA:**

SA passport holders do not require a visa

**AREA:**

Total land area of all 115 islands is 455 km<sup>2</sup>

**TIME DIFFERENCE:** SA Time + 2 hours

**HEALTH REQUIREMENTS:**

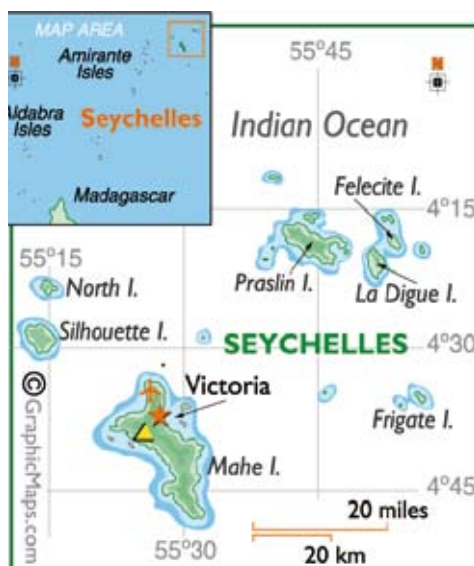
No vaccinations are presently required

## BEST TIME TO TRAVEL

Seychelles lies outside the cyclone belt and enjoys stable weather year round with the temperature never dropping below 24C or rising above 32C. There are two distinct seasons, from May to September the South East trade winds bring dry and cooler weather and October to March the North West trade winds bring warm and humid weather. January and February are generally rainy periods on the islands.



Seychelles coastline



White sand beach in Praslin

The Seychelles islands are of the most beautiful islands in the world and still unspoilt offering days of perpetual summer and a rare combination of people and nature living in close harmony. The Seychelles is made up of 115 islands and they are located 1000 miles off the East African coast in the Indian Ocean. Of all of the islands, Mahe is the most developed and visited with many visitors venturing across to Praslin, La Digue and recently Silhouette Island. Mahe Island has 75 beaches in total with the most popular of all the beaches being Beau Vallon Bay. All the islands of Seychelles are unique with their own beautiful settings, crystal clear waters and shady swaying palms. Each island of Seychelles offers a unique experience with something to offer for every traveller.

Although the Seychelles offer the full range of accommodation from self-catering apartments to luxury hotels, careful planning has ensured that the islands have retained the astonishing beauty and quiet charm that attracted the first tourists.

Right from the start, the government decreed that no new building could be higher than the surrounding palm trees, with the result that big-city levels of comfort and convenience have been achieved in thoroughly Seychellois settings.

The Seychellois are connoisseurs of good food with the origins of their racially mixed backgrounds making interesting and exotic cooking. The main meal of the day is eaten in the evening and with so much of life in the Seychelles dominated by the ocean it is little wonder that many of the recipes include fish.

### Getting There

Air Seychelles flies direct to Mahe, Seychelles on a Friday and Sunday with add on options available from other major centres. Flying time is approximately 4 hours.

# Seychelles - Mahe

★★★

## Berjaya Beau Vallon Bay STANDARD



**LOCATION:** North of Mahe Island, overlooking the Indian Ocean  
**ACCOMMODATION & FACILITIES:** 232 furnished rooms are spread out over a view of magnificently landscaped tropical gardens. All are equipped with air-conditioning, mini bar, tea/coffee making facilities and a shower. The hotel has a choice of 3 restaurants, Parrot Restaurant, Pizzeria and Le Canton Chinese Restaurant with a Teppanyaki corner and 4 bars: Pool bar, Pizzeria bar, Silhouette lounge/bar and the casino bar. Recreational facilities include a casino, tennis courts, volleyball, a 5 Star PADI Dive Centre & School, complimentary windsurfing, canoeing & sailing. Para gliding, water scooters, deep sea fishing and snorkelling are also available at a nominal fee. A complimentary shuttle service is available to Victoria or Berjaya Mahe Beach Resort or Port Launay Beach at selected time intervals.

**Ex JNB** from R8 910 pp  
**Ex DUR** from R9 674 pp  
**Ex CPT** from R9 990 pp

MEALS: Breakfast daily  
 ACCOMMODATION: 7 Nights

### WHAT THINGS COST:

Prices are an estimate.

Bottle of local wine	US\$ 36
Can of local beer	US\$ 4
Small bottle of water	US\$ 3
Cup of Coffee/tea	US\$ 3
Can of cold drink	US\$ 4
Light lunch	US\$ 13

★★★★

## Le Meridien Barbarons STANDARD



**LOCATION:** West of Mahe Island, 22 km from the airport.  
**ACCOMMODATION & FACILITIES:** With a choice of 124 rooms featuring standard rooms with garden views, superior rooms with ocean views and deluxe rooms and ocean view suites offering beach views. All rooms are equipped with air conditioning, TV with Satellite, internet access, mini bar & an electronic safe. Le Méridien Barbarons features two restaurants with exciting concepts and two bars which will offer a variety of cocktails and eating options. Recreational facilities include canoes, pedal boats, snorkelling equipment, beach volleyball & mini golf. A PADI Dive centre is available on the premises. The Penguin Kids Club is available for children from 6 to 12 years of age and is open daily from 09h00 to 17h00 hours at no additional cost.

**Ex JNB** from R13 305 pp  
**Ex DUR** from R14 068 pp  
**Ex CPT** from R14 384 pp

MEALS: Breakfast daily  
 ACCOMMODATION: 7 Nights

### WHAT THINGS COST:

Prices are an estimate.

Bottle of local wine	€ 25
Bottle of local Beer	€ 10
Small bottle of water	€ 5
Cup of Coffee/tea:	€ 4
Can of cold drink	€ 2.5
Light lunch (salad)	€ 28

★★★★★

## Le Meridien Fishermans Cove SUPERIOR



**LOCATION:** Tucked away on the Southern end of Beau Vallon beach.  
**ACCOMMODATION & FACILITIES:** 68 Rooms all with a sea view. All rooms have air conditioning, balcony or terrace, separate walk in shower, bath tub and twin basins, IDD telephone, internet connection, mini bar, safe, hairdryer, satellite TV, and tea/coffee making facilities. Le Méridien Fisherman's Cove offers two restaurants and one bar with 24 hour room service. Recreational facilities with all water sports, including waterskiing, parasailing, diving and deep-sea fishing, are available next to the hotel, at a charge. Non-motorised water sports, including sailing, hobie cat and windsurfing, are offered at no extra cost to guests. A newly created Zen Fitness & Spa Centre offers a wide choice of beauty treatments and massages.

**Ex JNB** from R23 173 pp  
**Ex DUR** from R23 936 pp  
**Ex CPT** from R24 253 pp

MEALS: Breakfast daily  
 ACCOMMODATION: 7 Nights

### WHAT THINGS COST:

Prices are an estimate.

Bottle of local wine	€ 25
Bottle of local Beer	€ 10
Small bottle of water	€ 5
Cup of Coffee/tea:	€ 4
Can of cold drink	€ 2.5
Light lunch (salad)	€ 28

★★★★★

## Sunset Beach Hotel SUPERIOR



**LOCATION:** North of Mahe Island, 16 km from the airport.  
**ACCOMMODATION & FACILITIES:** An intimate hotel with 29 rooms consisting of Deluxe Rooms, Junior Suites and Luxury villas. Each room or villa has its own mini bar, air conditioning, direct-dial telephone, en-suite bath & shower, tea/coffee making facilities and a safe deposit box. With one restaurant offering Creole and International cuisine, the mouth-watering Creole cooking style draws on the vibrancy and variety of local fruit and vegetables together with freshly caught seafood. The swimming pool overlooks the Indian Ocean and there is also a games room and a sun deck. The hotel offers snorkelling from its own beach and the hotel can also arrange other activities such as sailing and scuba diving from nearby Beau Vallon Bay. No children under 10 years are accepted at this hotel.

**Ex JNB** from R15 469 pp  
**Ex DUR** from R16 233 pp  
**Ex CPT** from R16 549 pp

MEALS: Breakfast daily  
 ACCOMMODATION: 7 Nights

### WHAT THINGS COST:

Prices are an estimate.

Bottle of local wine	€ 25
Bottle of local Beer	€ 10
Small bottle of water	€ 5
Cup of Coffee/tea:	€ 4
Can of cold drink	€ 2.5
Light lunch (salad)	€ 28

### ALL PACKAGES INCLUDE:

- Return flights • Return transfers • Accommodation (package specific) • Meals as specified above in hotel info
- (Prices are from a starting price per person sharing).

# Seychelles - Mahe & Praslin

## ★★★★★ Hilton Seychelles Northolme SUPERIOR



LOCATION: North East Coast of Mahe Island, 40 Minutes from the airport.

ACCOMMODATION & FACILITIES: Offering 40 Ocean view Hillside Villas all offering a king sized bed, seating area with sofa, internet access, plasma TV & DVD player, luxury bathroom with walk-in shower, whirlpool bath, mineral water and fruit. Restaurants and bars include the open-air Hilltop Restaurant, Les Cocotiers "a la carte" restaurant, Lobby Lounge serving fruit juices, cocktails and afternoon tea, Ocean View Bar with an open sun deck and the Crow's Nest, a multi-function room with tables for pool, tennis, cards, chess and other board games. Other facilities include the infinity swimming pool, scuba dive centre where fishing or snorkelling trips can be arranged as well as the Duniye Spa with various treatments.

**Ex JNB** from R32 236 pp  
**Ex DUR** from R33 000 pp  
**Ex CPT** from R33 316 pp

MEALS: Breakfast daily  
 ACCOMMODATION: 7 Nights

### WHAT THINGS COST:

Prices are an estimate.

Bottle of imported wine	€ 25
Bottle of local Beer	€ 5.50
Small bottle of water	€ 5
Cup of Coffee/tea:	€ 4
Can of cold drink	€ 3
Light lunch (salad)	€ 14

## ★★★★★ Banyan Tree Seychelles LUXURY



LOCATION: South Coast of Mahe Island, 30 Minutes from the airport.

ACCOMMODATION & FACILITIES: With a choice of 47 villas to choose from offering a private swimming pool, double sun lounger on pool deck, pavilion with living and dining area, bedroom with king-size bed, indoor sunken tub with deluxe shower, his & her vanity counter, bathrobes, hair dryer, coffee & tea making facilities, mini-bar, IDD telephone, color TV, in-villa safe, air-conditioning and wireless & wired internet access. Guests are spoilt for choice with dining as there are many options, including in-villa dining. Facilities include tennis courts, free form pool, gym, snorkelling, canoeing, windsurfing and kayaking with scuba diving, and deep sea fishing available off site. Banyan Tree Spa provides an extensive range of massage, body and beauty treatments.

**Ex JNB** from R33 796 pp  
**Ex DUR** from R34 560 pp  
**Ex CPT** from R34 876 pp

MEALS: Breakfast daily  
 ACCOMMODATION: 7 Nights

### WHAT THINGS COST:

Prices are an estimate.

Bottle of local wine	US\$ 55
Bottle of local Beer	US\$ 8
Small bottle of water	US\$ 5
Cup of Coffee/tea	US\$ 5
Bottle of cold drink	US\$ 6
Light lunch (salad)	US\$ 15

## ★★★★ Indian Ocean Lodge SUPERIOR



LOCATION: West Coast of Praslin, 5 Minutes from the airport.

ACCOMMODATION & FACILITIES: There are 32 rooms all situated in eight separate units all with air-conditioning, ceiling fans, seafront balconies, mini-bar, TV and tea/coffee making facilities. Indian Ocean Lodge has a restaurant serving delicious local and International cuisine with a bar where guests can enjoy cocktails. Special "à la carte" dinners by candlelight can also be catered for upon request. Facilities include a swimming pool with a complimentary shuttle to Cote de Or beach daily. Daily excursions by boat can be arranged to any of the nature reserve islands of Cousin, Aride and Curieuse all of which are home to a diverse variety of fauna and flora.

**Ex JNB** from R11 134 pp  
**Ex DUR** from R11 897 pp  
**Ex CPT** from R12 219 pp

MEALS: Breakfast daily  
 ACCOMMODATION: 7 Nights

### WHAT THINGS COST:

Prices are an estimate.

Bottle of imported wine	€ 43
Bottle of local Beer	€ 6
Small bottle of water	€ 4
Cup of Coffee/tea:	€ 4
Can of cold drink	€ 3
Light lunch (salad)	€ 13

## ★★★★ Paradise Sun SUPERIOR



LOCATION: North East Coast of Praslin, 20 Minutes from the airport.

ACCOMMODATION & FACILITIES: The hotel has a total of 80 rooms of which 70 are Superior rooms and 10 are Deluxe family rooms. All rooms have air-conditioning, ceiling fan, hairdryer, electronic safe, mini bar, tea/coffee making facilities and IDD telephone. Hotel facilities include an outdoor pool, volleyball, bicycle hire, table tennis, sunset boat cruise, massage facilities on request, petanque, yoga, aerobics and an out-sourced 5-star PADI dive centre. Complimentary non-motorised water sports include pedal boats, windsurfing, kayaking, and snorkelling. Island excursions and scuba diving are available at a nominal charge.

**Ex JNB** from R16 148 pp  
**Ex DUR** from R16 911 pp  
**Ex CPT** from R17 233 pp

MEALS: Breakfast and Dinner daily  
 ACCOMMODATION: 7 Nights

### WHAT THINGS COST:

Prices are an estimate.

Bottle of imported wine	€ 43
Bottle of local Beer	€ 6
Small bottle of water	€ 4
Cup of Coffee/tea:	€ 4
Can of cold drink	€ 3
Light lunch (salad)	€ 13

### ALL PACKAGES INCLUDE:

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# Seychelles - Praslin, La Digue & Silhouette

★★★★

## La Reserve Hotel

SUPERIOR



LOCATION: East Coast of Praslin, 25 Minutes from the airport.

ACCOMMODATION & FACILITIES: 40 rooms are all sea facing, within a few steps from the hotel's private beach. The Jetty Restaurant offers one of the most memorable dining experiences in all of the Seychelles and guests can watch the lights of anchored yachts in the bay and the natural aquarium of jostling fish below. Breakfast and dinner are served in the jetty restaurant overlooking the bay with lunch served at the swimming pool grill. Free facilities and activities include afternoon tea/coffee daily including cakes and sandwiches, snorkelling equipment, beach towels and entrance to Curieuse Marine Park, sunset cruise on Mondays, discovery tour to Curieuse and St. Pierre islands on Wednesdays, boat transfer to/from La Digue Island and excursions to Sister and Coco islands.

**Ex JNB** from R24 543 pp  
**Ex DUR** from R25 307 pp  
**Ex CPT** from R25 468 pp

MEALS: Breakfast and Dinner daily  
 ACCOMMODATION: 7 Nights

### WHAT THINGS COST:

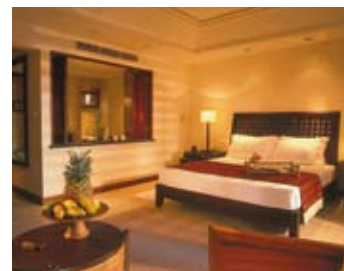
Prices are an estimate.

Bottle of local wine	€ 25
Bottle of local Beer	€ 10
Small bottle of water	€ 5
Cup of Coffee/tea:	€ 4
Can of cold drink	€ 2.5
Light lunch (salad)	€ 28

★★★★★

## Constance Lemuria Resort

LUXURY



LOCATION: North West Coast of Praslin, 5 Minutes from the airport.

ACCOMMODATION & FACILITIES: Set amidst 150 hectares of scenic palm groves with an 18 hole championship golf course, the hotel offers 88 Junior suites, 8 Senior suites, 8 Private pool villas and a Presidential suite. Each suite has a ceiling fan air-conditioning, large bathrooms, terrace with private dining space, hairdryer, mini bar, safe, satellite TV, CD & DVD player, telephone/answering machine and tea/coffee making facilities. There is a choice of 3 restaurants and 4 bars to choose from. Free activities include golf green fees, kayaks, windsurfing, hobie cats, snorkelling, pedal boats, laser dinghies and two floodlit tennis courts. Scuba diving, deep sea fishing and mountain bikes are available at a nominal fee. The Guerlain Institute, health and fitness centre offers a calm and tranquil escape.

**Ex JNB** from R26 560 pp  
**Ex DUR** from R27 323 pp  
**Ex CPT** from R27 645 pp

MEALS: Breakfast daily  
 ACCOMMODATION: 7 Nights

### WHAT THINGS COST:

Prices are an estimate.

Bottle of local wine	€ 25
Bottle of local Beer	€ 10
Small bottle of water	€ 5
Cup of Coffee/tea:	€ 4
Can of cold drink	€ 2.5
Light lunch (salad)	€ 28

★★★★★

## La Digue Island Lodge

SUPERIOR



LOCATION: Half an Hour by boat from Praslin and 800 meters from La Digue Jetty.

ACCOMMODATION & FACILITIES: The Lodge is the main hotel on La Digue composed of 60 rooms with a wide choice of accommodation ranging from Standard rooms to Chalets and Suites. The main restaurant serves buffet breakfast daily and International and Creole cuisine with a pool restaurant and bar available throughout the day, offering a superb "à la carte" menu including freshly caught grilled fish, locally spiced meats and salads. Hotel guests are offered complimentary daily boat excursions to neighboring islands and a twice-weekly sunset cruise. Guests will also receive complimentary passes to L'Union Estate, an interesting area of La Digue where you can appreciate the beauty of this unique island.

**Ex JNB** from R24 591 pp  
**Ex DUR** from R25 355 pp  
**Ex CPT** from R25 677 pp

MEALS: Breakfast and Dinner daily  
 ACCOMMODATION: 7 Nights

### WHAT THINGS COST:

Prices are an estimate.

Bottle of local wine	€ 25
Bottle of local Beer	€ 10
Small bottle of water	€ 5
Cup of Coffee/tea:	€ 4
Can of cold drink	€ 2.5
Light lunch (salad)	€ 28

★★★★★

## Labriz Silhouette Island

DELUXE



LOCATION: Located on Silhouette Island, 45 minute boat or 15 minute helicopter transfer from Seychelles Airport.

ACCOMMODATION & FACILITIES: The 3rd largest island in Seychelles, with 110 Beach and Garden villas and Silhouette Pavilions with it's own private gardens and pool and all villas offering 32" LCD TV, DVD player, Wireless internet, Outdoor shower, two vanities, hairdryer, air conditioning, mini bar, tea/coffee making facilities. The hotel has a choice of 7 restaurants to choose from. Activities include a PADI dive centre equipped with a decompression chamber, non motorized watersports and fitness centre. The hotel spa offers mountainside treatments suites set on stilts amidst massive boulders.

**Ex JNB** from R25 206 pp  
**Ex DUR** from R25 969 pp  
**Ex CPT** from R26 286 pp

MEALS: Breakfast daily  
 ACCOMMODATION: 7 Nights

### WHAT THINGS COST:

Prices are an estimate.

Bottle of local wine	€ 25
Bottle of local Beer	€ 10
Small bottle of water	€ 5
Cup of Coffee/tea:	€ 4
Can of cold drink	€ 2.5
Light lunch (salad)	€ 28

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- (Prices are from a starting price per person sharing).